

Safe and Well



Safer Internet Day February 11th 2025

This year's theme is 'Too Good to be True'.

Scams can take many forms and may target anyone, including young people. Use these top tips to keep you and your loved ones safe online.

Anyone can be the victim of a scam, know how to stay vigilant and what to do if it happens to you or someone you care about.

Recognise the tactics

SAFER INTERNET DAY 2025

Too good to be true? Protecting yourself and others from scams online

Protect yourself from [fraud](#) and cyber crime.



Clickable safety links

Tips for Parents and Carers



Tips for 7-11 year olds

Top Tips for use Tips for Parents and Carers of 3-7 year olds

PARENTAL CONTROLS

Protecting young people from inappropriate online content.



Tackling online scams
Tips to spot the signs and get support



Common online scams targeting teenagers

Not teenagers yet, but once your child is online (in any capacity), they are at risk of being a victim of a scam, inform yourself of the possible dangers.

Make yourself a harder target

You can't stop a criminal attempting to defraud you online, but you can make yourself a harder target. Taking these steps to protect your devices and data will make you more secure whenever you're online - whether banking, browsing, shopping, dating, gaming or sharing on social media.



Improve your password security

How to create strong, secure and unique passwords and keep them safe from fraudsters.



Turn on 2-step verification (2SV)

How to create an extra level of protection on your most important accounts.



Keep your software and apps up to date

How to install security updates to protect against cyber attacks.



Use antivirus software

How and why to use antivirus software on computers and laptops.



Stay safe on social media

How to ensure you don't share more than you should on social media.



Enable security features on personal devices

Check which security features you should have switched on.

QR Codelink to NSPCC video about E-Safety in general. It covers topics such as online bullying, mental health, and social media, as well as signposting to resources and organisations for help.



NSPCC